

Empowering Survivors of Sex Trafficking

OUR MISSION

We provide safe communities that restore survivors of sexual exploitation to achieve their true potential.

Build. Heal. Restore.

Founded in 2016. We opened the doors of our first safe home in January 2020.

OUR FOCUS

We are an evidenced-based program with a mental health focus. We assess each of our women on symptoms of PTSD, anxiety, and depression. We focus on serving women ages 18-24 years old.

OUR PROGRAM

The program is tailored specifically to each woman's individual needs. We provide wrap-around services including:

- Shelter, Food, & Clothing
- Academic Education
- Individual and Group Therapy
- Equine, Art, Yoga Therapy
- Psychiatric, Medical, Dental Care
- Legal Assistance
- Substance Abuse Support
- Financial Literacy Courses
- Leadership Courses

SPECIALIZED CARE

We want to help ensure each woman does not end up back in the life, confined in poverty, homelessness, and trauma. We have designed a collaborative and comprehensive program, through community partnerships, to serve survivors with the most complex of trauma.

AFTER 3 MONTHS ON AVERAGE, THE WOMEN IN OUR PROGRAM EXPERIENCED:

- 53% decrease in PTSD symptoms
- 29% decrease in depressive symptoms
- 86% increase in feelings of self-esteem

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SURVIVOR TESTIMONY

Being heard has changed my life. I am now walking with purpose and confidence needed to reach the goals that I have set. I never imagined that people like TVF existed and cared so much.”

(Survivor in TVF Program)

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OUR VISION

- Grow the capacity of our current program from & launch transitional housing
- Launch medical outreach program and drop-in center
- Launch our first community for minors
- Become a model that is replicable and open TVF communities throughout Texas and the United States