Treasured Vessels Foundation's Program

Treasured Vessels Foundation (TVF) provides safe communities that restore survivors of sexual exploitation to achieve their true potential. TVF's long-term program, with a focus on mental health, is tailored specifically to each woman's unique needs. **The ladies in TVF's program are referred to as "Residential Interns."**

Potential Residential Interns must complete an application on the Treasured Vessels Foundation website or App. After an application is submitted, the Program Director will contact the potential Residential Interns. If initial qualifications are met, a face-to-face or Zoom interview will be scheduled. Drug and pregnancy testing is required at the initial interview.

REQUIREMENTS

- Survivor of sex trafficking/sexual exploitation
- Between the ages 18-24
- Identifies as and is biologically female
- Willingness to remain sober from illegal drugs and alcohol
- Consents to in-person interview as well as pregnancy and drug test
- Willingness to engage in therapy and other programming provided

PLACEMENT DECISIONS

Please note that all placement decisions are on a case-by-case basis

- Current needs of existing residents
- Level of staffing
- Applicant's history of self-harm and suicide attempts
- Psychiatric history
- History of aggressive or violent behavior
- Intellectual Capacity to engage in program requirements

CONTACT US

Crisis Line: 469.405.7148 (Call or Text)

Email: <u>hello@treasuredvesselsfoundation.org</u>

PROGRAM DESCRIPTION

- Program length is between 12-36 months
- Adjunctive therapies such as equine, yoga, gardening, art and music
- Individual therapy utilizes a holistic approach to address trauma based in a neuro-biological understanding of attachment
- Therapist is trained in DBT and EMDR
- Substance Abuse Recovery Support weekly with LCDC
- Psychiatric Assessment and medication management with Psychiatrist
- Educational support in achieving academic goals including GED completion and admission to vocational or college classes
- Life skill support such as lessons in budgeting, time management, communications skills, and professional development
- Case management support to obtain any missing documents, identifying strengths, areas for growth and goal setting.
- In house weekly group and individual therapy including psycho-education, trauma recovery, healthy coping skills, boundary development
- 24/7 Staffing, staff are trained to provide trauma sensitive care

EXCLUSIONS PLACEMENT DECISIONS

Currently TVF does not have programming for women with infants or children. Residential Interns who want to parent will be transitioned to partner programs according to individualized needs.

- Taking Schedule II medications
- Women with responsibility for dependents
- Women with diagnosed severe psychiatric disorders including schizophrenia, active hallucinations, psychosis, actively suicidal
- DID, including a history of SRA is not an exclusion but is case by case
- Pregnancy is not an excluding factor.